

## **Discover leisure fun by cycling on the new Stubai Cycle Route 19**

**The Stubai Cycle Route 19 was officially opened in October 2025 after seven years of planning and construction. This year it is experiencing its first summer season: especially in the warmer months, bicycle excursions are popular among guests and locals. Leave everyday life behind on an after-work lap or spend an active day on holiday - everyone gets their money's worth on the 40-kilometre route.**

Cycle route 19 begins in Schönberg in the Stubai Valley and is extended and signposted to the Doadler Alm in Falbeson. The route not only connects the five Stubai villages of Neustift, Fulpmes, Telfes, Mieders and Schönberg, but also the four mountain railways and a number of leisure attractions in the valley. In addition, the route can be easily extended to Innsbruck or via the Brenner Pass to Italy. With an average gradient of five percent, the tours are suitable for cycling fans of different ages and abilities. Whether with an e-bike, mountain bike, road bike, gravel bike or balance bike - there is enough space on the new cycle path to meet the needs of the various target groups.

### **Local recreation by bike**

Young and old cyclists can ride relaxed through nature and are invited to try out the various leisure attractions along the way. Adrian Siller, chairman of the Stubai Tirol Tourism Association, emphasises: "From the very beginning, the focus was on the benefits for guests and locals: the route enables guests to easily reach varied attractions, enjoy regional delicacies at restaurants and experience our hospitality. For locals, the cycle route offers an attractive leisure option right on their doorstep - whether for a short tour after work, family outings at the weekend or a sporting challenge with friends."

### **Playgrounds, rest areas and water areas directly along the route**

On about ten kilometres from Neustift towards the glacier, a particularly family-friendly section awaits you with numerous playgrounds and rest areas as well as refreshing water points. Culinary stops, small adventures by the stream and varied break locations ensure that it never gets boring on the way. A highlight is the Kids Park Klaus Äuele, where children can let off steam on the playground, raft and the new Kids Bike Park, while parents relax and enjoy a cool drink in the "Marend Stüberl". Afterwards, a detour to the Doadler Alm is a good idea, and the cycle route continues out of the valley to the Kirchbrücke bridge in Fulpmes. On the way, Lake Kampler invites you to take a refreshing break - whether in the water, playing beach volleyball or simply with a place in the shade. Even more bathing fun is offered by the StuBay in Telfes, which can be reached via a feeder route of the cycle route. With indoor and outdoor pools, slides and a sunbathing lawn with a large sand playground, there is a real beach feeling.

### **New Kids Bike Park Klaus Äuele**

Directly adjacent to the "Marend Stüberl", the Kids Bike Park Klaus Äuele will ideally complement the existing offer from summer 2026. On about 3,000 square meters, three bike trails of varying difficulty will be created for families and children - from easy to advanced. The gravel routes lead with steep curves, small jumps and wooden platforms around the trees of the forest, which is thus preserved. In combination with the Stubai Cycle Route, a varied practice

area is created that creates ideal conditions for first biking experiences and at the same time offers opportunities to improve your own riding technique in a playful way.

### **To Innsbruck or Italy**

Once you arrive at the Kirchbrücke bridge in Fulpmes, several options open up: If you continue south, you will reach Schönberg, the starting point of cycle route 19, or cycle via the Wipptal and the Brenner Pass even to Italy. To the north, the Stubai Cycle Route 19a branches off, which leads to the Stefansbrücke on the Brenner Bundesstraße near Innsbruck. This section is considered the most original part of the entire route - quiet, close to nature and characterized by meadows and forests. Out of the valley, it rolls downhill in a relaxed manner, while the way back requires a little more stamina with some steeper passages. On the other hand, there are many idyllic places along the way, which are perfect for a picnic that you have brought with you.

### **Bikepacking with Panorama**

As a central connecting axis between the Inntal Cycle Path in the north and the Brenner Cycle Path in the south, Cycle Route 19 can be perfectly integrated into longer bikepacking trips. The Stubai Valley is thus also integrated into the supra-regional network of the Euregio Cycle Path Strategy. Modern infrastructure measures such as repair stations, sports shops, rest areas and numerous refreshment stops create optimal conditions on the route, not only for bikepackers.

### **Further information at:**



**[www.stubai.at](http://www.stubai.at)**

**[www.stubai.at/presse](http://www.stubai.at/presse)**



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